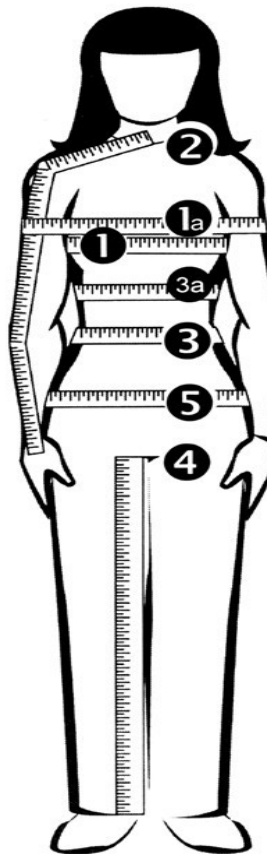
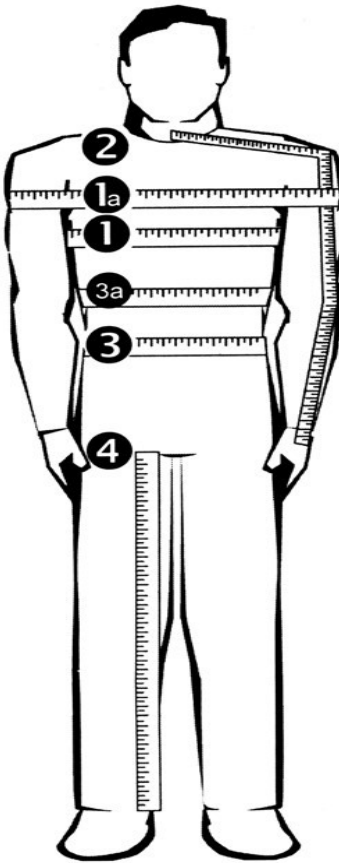


# Fire Turnout Gear Measuring Guide



There are four measurements to be properly fitted turnout gear.

## Chest size (available only in even sizes) - # 1 in diagram

- Have the wearer take a deep breath and fill the lungs before measuring.
- Measure over clothing around the fullest part of the chest with the arms at rest.
- Make sure tape measure is pulled taut around circumference of chest Round up to closest even size. **Then add +4 inches to the measurement**

## Sleeve length - # 2 in diagram

- have the wearer hold arm straight down at side.
- Measure from the base of the back of the neck, over the shoulder and down the arm to the top knuckle of the little finger where it joins the hand.

## Waist (available only in even sizes) - # 3 in diagram

- Waist is measured over pant waist & belt. **Then add +4 inches to the measurement**

## Inseam (see chart) - # 4

- Measure from the crotch down the inside of the seam to the bottom of anklebone.
- Round down to nearest standard inseam length.